

Spring Retreat – April 21 – 23rd 2023

WHAT TO BRING

- 1. Bedding – either sleeping bag or bedding (single camp bed) pillow and FOR EXTRA COMFORT RECOMMENDED EITHER AN AIR MATTRESS OR FOAMY**
- 2. Flashlight**
- 3. Toiletries/towel**
- 4. TRAVEL MUG – which allows coffee/tea down to conference room**
- 5. Clip board – folder will be provided**
- 6. cushion/blanket for comfort sitting during sessions**
- 7. knitting or crochet**
- 8. musical instrument if you would like to join in playing during songs of praise.**
- 9. Bible – for bible study**
- 10. Offering during Sunday Eucharist – funds go towards cost of supplies i.e. paper/pencils/pens/folder/name tag**
- 11. snack food (your liking) chips etc.,**
- 12. Bowls of fruit will be provided (in diningroom)**